

WHAT TO WEAR ON A RAFTING TRIP

Suggestions for Rafting Gear in Spring or Summer:

Nirvana is found on the river. Raft with us and see why W.E.T. is the premier California whitewater river company for California whitewater rafting.

Here are **handy suggestions** on what to bring on our trips. Think minimalist. You'll enjoy yourself more if you're not spending time lugging around a lot of stuff.

Do not bring pets, radios, guns, drugs & bad attitudes. There is no alcohol allowed in the boats during the day, but you are welcome to have your favorite beverage during the evening at the campsite.

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SPRING OR WINTER MONTHS on the River



When [California rafting](#), we recommend wetsuits before June 1st. Conditions, weather and flows also may require a wetsuit during other times of the year.

A 2 - 3 mm farmer john wetsuit with a splash or paddle jacket is the most appropriate attire. Tennis shoes w/neoprene, wool or poly socks or thin neoprene booties with tennis shoes for your feet.

W.E.T. River Trips includes wetsuits with all spring rafting trips.



If the weather is cool and does not warrant wetsuits, then we recommend polypropylene, [Capilene](#) (any synthetic polyester fabric) long sleeve shirt or poly-fleece shirt with a waterproof pullover. **DO NOT WEAR ANY COTTON.** During high water, we recommend

that you contact our office before your trip for updates on the condition of the river and the weather.

Weather and flow conditions make all the difference in the world on what to wear on a rafting trip. Keep in mind that outdoor clothing is available in all kinds of retail stores. For those of you who are on budgets, we suggest going to a discount store like [Target Stores](#) for inexpensive fleece clothing and camping gear. High-end retailers such as [Patagonia](#) will offer high tech fabrics designed especially for colder conditions. Though you may pay a lot more at the higher end, the clothing will last you a lifetime. We suggest if you are a paddling junkie, that you purchase the higher end stuff. You won't regret it!

The next photo shows our [Cal Salmon](#) paddling friends in their rafting clothes on the river. Notice the happy faces even though the

water is cold! Gear makes all the difference and W.E.T. provides it during the colder months. Thank you Andrew! (our wetsuit dude at the warehouse...)

For the most recent spring rafting suggestions on what to wear for rafting, visit our blog at raftwetblog.com.



OVERNIGHT GEAR for Inclement Weather

We also recommend that you bring extra clothing such as fleece pullovers, rain parka and extra socks & shoes for the evening in camp. A all-weather tent is recommended because of changeable weather.

At the time of the reservation, you may request a complimentary tent if there are still ones available for that date. These tents have been secured for out-of-state travelers who may not want to lug tents around in the airport! For those of you who are in the "neighborhood" we recommend that you bring your own. Of course, if you don't have one, just ask!

Sleeping bag, pad, ground cloth, towel, flashlight, toiletries should also be brought. For rentals, call W.E.T. River Trips directly 1.888.723.8938

Spring Recap on the river::

ON THE RIVER	IN CAMP	RESOURCES
fleece/poly undergarments 2-3mm farmer john wetsuit splash jacket tennis shoes w/wool socks	dry change of clothes polyfleece jacket waterproof clothing rain parka extra shoes sleeping bag	Patagonia REI Target thrift stores your parent's old gear!

	pad all weather tent flashlight bug juice	
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SUMMER MONTHS on the River



On one day [rafting trips on the American River](#), try to think minimalist. It's hot and you're baking. Sunblock, swim suit, tennis shoes... that's it! Shower facilities are available on the South Fork at our base campsite at [Camp Lotus](#), so you might want to bring a dry change of clothes, toiletries, hair dryer, etc. for that evening on the town... maybe at the [Coloma Club](#)?



We recommend a high SPF for sunblock. Please note that children are very susceptible to sunburns and, also, consider long sleeves and long pants for those of you who are fair-skin or redheads. A hat or baseball cap will also shield the sun from your eyes. Those of you with prescription glasses should consider wearing your "old pair." Otherwise, make sure that a pair of "Croakies" or "Chums" are attached to the eyeglass templates. That will prevent them from being lost in the rapids!

A little money for tips...hint, hint and maybe for a quick dinner before you leave the river.

OVERNIGHT GEAR for summer

On overnight trips on the American River or Klamath, think about all the stuff you'll be lugging around and then subtract 75% of it. Remember you'll live in your shorts/bathing suit while you're on the water, so you'll only need a long pair of pants and shirt during the evening. Keep your toiletries to a minimum. Don't waste your time with makeup or shaving. Keep it simple & you'll enjoy yourself even more on the [rafting trip](#). On the South Fork, we have a base camp with all the amenities, but on [wilderness trips](#), such as the [Middle Fork American](#), there are no flush toilets or showers.

Bug spray is nice, a towel for after your shower, flashlight for walking in the evening, a tent for privacy, a ground cloth, pad & sleeping bag will make you more comfortable on the [American River whitewater trips](#).

Summer Recap on the river::

ON THE RIVER	IN CAMP	RESOURCES
sunblock shorts swim suit tennis shoes long sleeves for fair skin long pants for fair skin	dry change of clothes sweatshirt or jacket light weight rain parka sleeping bag pad tent	Patagonia REI Target thrift stores your parent's old gear!

TIPS FOR RAFTING a word about bugs!

Other tips: American River rafting flows through the foothills of California where ticks, mosquitoes and other lovely creatures reside. Please note that [West Nile](#) virus has been spotted throughout California so it is important that you recognize the possibility of mosquitoes that may carry the virus. Also, ticks and [lyme disease](#) are an issue anytime you are near deer country.

Long sleeves and long pants will help divert the bugs, and try not to wear any fragrance or creams that may attract them to you. Natural remedies and over the counter "bug" juice will help you enjoy the outdoors without worrying about the "critters."

If you can't find the info you need...just call us
1.888.RAFTWET